

# QUERCETIN PLUS



90 capsules

- provides antioxidant activity\*
- promotes cellular health\*
- modulates healthy immune and histamine response\*
- supports cardiovascular health\*

Quercetin offers a wide range of biological activity and as a flavonoid, helps promote overall health. It provides potent antioxidant influence, which contributes to quercetin's ability to promote cellular health. Quercetin modulates a healthy immune and histamine response through its influence on multiple inflammatory pathways. It also supports cardiovascular health through multiple mechanisms. The addition of Nettle leaf, vitamin C, and bromelain in QUERCETIN PLUS enhances the actions of the formula.\*

## Quercetin

### Foundational Wellness

Quercetin, a prominent member of the vast polyphenol family, offers a diverse range of health benefits. It provides potent antioxidant activity with the ability to scavenge free radicals and inhibit lipid peroxidation. These actions contribute to quercetin's ability to promote healthy cellular function. Quercetin supports cardiovascular health through its ability to benefit endothelial function, support healthy blood pressure already in a normal range, and promote healthy lipid metabolism. Like many polyphenolic compounds, quercetin is found to support healthy neurological function.\*

### Seasonal and Environmental Challenges

Quercetin is a mast cell stabilizer that effectively controls the body's histamine response function. It inhibits formation of mast cells and influences them through the modulation of multiple factors and pathways that influence their activation and inhibition. Along with normalizing the histamine response function, quercetin supports a healthy response of both the immune and inflammatory systems to seasonal and environmental challenges.\*

### Vitamin C (Naturized®)

Vitamin C is a water-soluble vitamin that is an essential cofactor in many biochemical and enzymatic reactions throughout the body. Widely known for its antioxidant capacity, it plays a key role in the redox recycling of antioxidants. Naturized® nutrients are designed to emulate whole foods while delivering a higher concentration of specific vitamins or minerals. They deliver nutrients in a food matrix that the body recognizes as a nutritious food complex. This naturally facilitates their absorption, bioavailability, and bioactivity.\*

### Nettle Leaf (*Urtica dioica*)

Nettle leaf is a traditional remedy for those suffering from seasonal and environmental challenges. It controls histamine response function and helps prevent mast cell degranulation and subsequent release of pro-inflammatory mediators. Organic freeze-dried Nettle maintains some of the activity of the fresh plant and is found to control histamine response while tonifying and firming tissues.\*

### Bromelain (*Ananas comosus*)

Bromelain, a proteolytic enzyme, is a component of pineapple commonly used as a digestive aid. Bromelain exerts immunomodulatory influence and is found to modulate a healthy inflammatory response.\*

## Supplement Facts

Serving Size: 1 capsule  
Servings Per Container: 90

	Amt Per Serving	%Daily Value
Vitamin C ( <i>Citrus spp.</i> ) ◀	50 mg	83%
Quercetin (as Quercetin Dihydrate from <i>Sophora japonica</i> Bud Ext.)	350 mg	*
Organic Nettle ( <i>Urtica dioica</i> ) Leaf	50 mg	*
Bromelain from Pineapple ( <i>Ananas comosus</i> ) Stem Ext. 2400 GDU/Gram	50 mg	*

\* Daily Value Not Established

OTHER INGREDIENTS: Vegetable capsule (hydroxypropyl methylcellulose), silicon dioxide, magnesium stearate.  
◀ Naturized® Food-Grown Nutrient.

DOES NOT CONTAIN: Wheat, gluten, soy, milk, eggs, fish, crustacean shellfish, tree nuts, peanuts

SUGGESTED USE: 1 capsule, 2 times daily or as directed by your healthcare practitioner



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Our specialty ingredients are certified by analysis for purity and potency, and this product is manufactured under current Good Manufacturing Practices (cGMP).



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.